

## Byron Wood Academy Lunch Menu

Week one	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Chicken Rogan Josh	Margarita Pizza	Spicy Beef Chili	Char Grilled Chicken Fillet Bap	Baked Battered Pollock Fillet Parsley Sauce
<b>Vegetarian Dish</b>	Quorn Rogan Josh	Vegetable, Lentil and Potato Gratin	Vegetable and Quorn Chili	BBQ Quorn Fillet with a BBQ Glaze	Cheese and Onion Pasty
<b>Vegetables</b>	Sweetcorn Naan Bread Wholegrain Rice	Garden Peas Jacket potato	Broccoli Wholegrain Rice French Bread	Mixed Vegetables Baked Baby Potatoes	Mushy Peas Baked beans Chips
<b>Desserts</b>	Cheese and Crackers Orange Wedges	Apple and Blackcurrant Crumble with Custard	Flapjack Pineapple Slices	Sultana Sponge With custard Assorted Yoghurts	Vanilla Ice cream Orange wedges

**A selection of freshly prepared Sandwiches, Salads, fresh fruit, yoghurts and bread are always available**